



# STREAMS

## Overview of 2016



### *Birthing life wherever we flow*

4

*"...we are investing in the lives of children who will eventually grow, become self-sufficient and fruitful in their community"*



6

*"...not only offer a shoulder to lean on, but also be a friend to talk to"*

Here at Flowing Rivers we would like to express our immeasurable gratitude to all the foundation's helpers.

The support has been so encouraging and subsequently served as a catalyst for so much that we have been able to achieve over the years. This newsletter, titled Streams, aims to give more insight into the array of outreach projects we have been involved in during 2016 — all thanks to your generosity.

In total we engaged with over 1,800 people, investing over £20,000 to adequately cater to the needs of those we encountered. Some of these services are explored and explained in greater detail throughout this newsletter. From missionary work with orphanages abroad to local projects involving the homeless and the aged, we look to continue this great work in 2017 and beyond, and your continued support would be warmly welcomed.

# 'We rise by lifting others'

- Robert Ingersoll

## International Missions



In August 2016, a total of 22 young volunteers embarked on a missionary trip to Nakuru (Kenya), to work with local orphanage, Sure24.

Thanks to the love of God displayed through your generosity, we managed to raise a little over £10,000 to facilitate the works abroad.

Apart from the unquantifiable value of hugs and kisses to the vulnerable children, the two-week adventure took on a far more practical approach.



### The Dumpsite

We supplied about two weeks worth of essential food provision to roughly 200 residents at the dumpsite on two separate occasions.

An approximated amount of £800 was spent on this project.



Our goal for the dumpsite is to assist with long-term needs, organise monthly food drives throughout the year in conjunction with the Sure24 family, and the budget for this would be £4,800. We are not quite there yet but are trusting for compassionate hands to journey with us.

### The Medical Camp



The medical team led drop-in sessions, providing medical consultations (such as

blood pressure and diabetes checks) for about 500-600 patients who were free to visit anytime during the three-day program.

We spent approximately £1,000 on medical expenses (including hospital fees, pharmaceutical drugs, etc.) for those who saw our doctors.



We brought with us a strong and well-equipped team, made up of:

- 1 Dentist
- 2 Doctors
- 2 Pharmacists
- 1 Nurse
- Trainee Nursing Assistants

### The Water USP

It filled our hearts with joy that following a consultation and advice given during our last visit, Sure 24's very own Aquasure water brand, was enhanced to improve productivity.



Now, as well as having pure water for the children staying at



# International Missions continued...



capacity of the rooms and living spaces.



## Donation of Goods (cargo)

Through the generosity of TNT Ltd, about 1 ton of donated goods were shipped to the orphanage, which would otherwise cost in excess of £1,000.



## Leadership Training for Communities

We also facilitated leadership training for sustainable intervention to over 50 leaders in Kenya and Tanzania, ensuring to feed and cater for some of these community leaders. The cost of this venture came to the rough amount of £2,000.

the orphanage, Sure 24, now have the opportunity to supply water to local areas, ultimately generating additional funds to further support the orphanage.

## The Seminars

The team were involved in either seminars or training sessions, covering a wide range of topics, such as educational preparation, sexual health, manhood and womanhood, self-worth, entrepreneurship and more.



## Secondary School Construction

Asides being active on the building site, we supplied funds to purchase building materials to further the construction of the Sure24 secondary school. Our contribution has topped £6,000 to date and we are committed to continue until the project is hopefully complete in 2018.

This ambitious feat follows on from the successful completion of the primary school building project that your donations contributed vastly towards in 2015.



The team was also given the opportunity to plant trees at the site; which was a beautiful sentiment — of firm roots and durable strength.

## The Banquet

We hosted banquets for over 300 children at the orphanage. The meal is simply the addition of chicken and bottled drinks to what would otherwise normally be a bland dinner. Each banquet costs about £300 to execute.



## Sure24 Dormitories

We sympathised with the need for an improved and increased condition of living at the children's dormitories.

A total of £250 was spent on the purchase of new beds and now there is need to expand the

# Child Sponsorship

We currently sponsor 12 children in Kenya and Borneo (at the Living Waters village) collectively. Our desire is to sponsor many more across the globe.

We currently have four volunteers who send out monthly letters to the children, and a group committed to

praying for them on a monthly basis too.

On average, we currently spend an average of £5,040 on child sponsorship every year. These funds go towards their education, upkeep and feeding.

We believe this is essential, as we are investing in the lives of children who will eventually grow, become self-sufficient and fruitful in their community.

Additionally, we believe they will have a greater opportunity to help more children like themselves.



'The greatest investment in life is the investment in life'

- Samson Baptist



# Feeding the streets of London



## Street Mission

For the 6th year running, our street mission team, have consistently gone out to feed homeless people on the streets of London twice a month.

Feeding an average of 120 mouths monthly, the annual cost of this project is in the region of £1,200.

The street mission team encourages working with other organisations and has inspired various collaborators to

start similar projects across London.



# Warming up the streets of London



## Winter Giveaway

The Winter Giveaway catered to about 100 rough sleepers and supplied them with essentials to cope with the cold winter months in 2016.

The success of this project was achieved through the production and distribution of "Love bags" containing winter essentials such as hats, gloves, scarves and thermal wear, rain proof ponchos etc.

The Winter Giveaway takes place once a year costing approximately £1,200.

In 2016, we did not need to request additional funding as we were given above and beyond before we could even ask.

We look forward to the expansion of this project.





The Elderly People Project catered for the vulnerable adults in the local community, susceptible to loneliness and isolated in their residential confinement.

We had an average of 5 volunteers per visit, this team was made up of nurses, students, accountants etc.

Meeting at least once each month for a minimum of 2 hours each time, we ensured

the elderly were given sufficient quality time to not only offer a shoulder to lean on, but also be a friend to talk to.

An average of £30 was spent per visit. We also organised a celebratory dinner and encouraged the celebration of special occasions, such as birthdays, where gifts typically cost around £30, an additional £50 was spent to cover the expenses of our volunteers.

# Elderly People Project

Through our activities we brought a sense of joy and laughter to their faces and added a bit of diversity to their daily routine – This, for us, made the experience worthwhile.



# Food Bank

Statistics show that 1 in 5 people in the U.K. live below the poverty line, which is a shocking statistic to say the least.

Our Food Bank arm, met once a month to distribute food to those in need in the Borough of Barking and Dagenham. The food

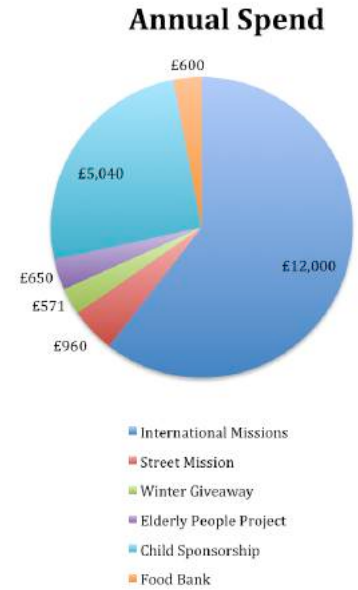
packages handed out to each client was equivalent to three days worth of supplies.

A total of 2,196, 3-day emergency food supplies were also given to people in crisis last year. This project came up to the average amount of £50 to run each month.





# The Story Continues...



The pie chart above illustrates how much we have been able to give back to humanity, with the help of our supporters worldwide; we look forward to doing even more!

## Final Words From The Visionary

To all our benefactors, friends and families, I want to say a personal thank you for your love and outstretched arms towards the work we do here at Flowing Rivers.

Outside of our core project costs, we've spent circa £2,400, assisting roughly 30 volunteers with varied needs from rent, travel, funerals, feeding and other emergency support.

I truly believe that this is the purpose of prosperity, to bless and raise others.

I am confident that your donations and support have ensured that we are able to adequately minister to so many people from different walks of life.

Our leadership development has now crossed over the shores, influencing municipal and religious leaders in Nairobi (Kenya) and Arusha (Tanzania).

To get involved in one way or another, please email us at [info@flowingriversfoundation.org](mailto:info@flowingriversfoundation.org) where we are able to provide further information and answers to any enquiries you may have.

Additionally, if you would like to contribute financially towards any of our projects, please use our online donating system, which can be found on our Giving Page —

[www.flowingriversfoundation.org/giving](http://www.flowingriversfoundation.org/giving).

Thank you and look forward to your continued support this year.